

"It has long been recognized as an inescapable obligation of a democratic society to provide for every individual some measure of basic protection from hardship and want caused by factors beyond his control."

-- President Harry Truman

LABA BARNAAMIJ OO KU CAAWINI KARA

Haddi xafiiska Social Security ay helaan inaad naafo tahay, waxaad heli kartaa lacag labadan barnaamij midkood:

1. **Qaybta II, Naafada Caymiska ee Social Security (SSDI)**: Kuwa leh taariikh shaqooyin joogta ah. Inta badnaanta aad shaqaysay, macaash sare ee aad heli doontid.

2. **Qaybta XVI, Macaash Lacag Dheeraad ah ee ku soo qasha (SSI)**: Kuwa aan heysan taariikh shaqo, lacagta macaashka bil kasta waa is beddelayaan

GO'AAN QAADASHADA NAAFADA

Sharciga Social Security, adiga naafo ayaa tahay haddii:

1. Aadan shaqayn karin; IYO
2. Waxaad leedahay jirkaaga iyo maskaaxda oo jiran; IYO
3. Jirradaada inuu la filayo inuu gaaro ugu yaraan 12 bilood ama inuu sabab kuu noqdo gaaridaada.

GOORMEE DHIIBI KARTAA ARJIGA?

Sida barnaamijyada dawladda u badi

barnaamijka Social Security dhaqso uma dhaqaaqayo, waa fikrad fiican inaad si dhaqso ah u dhiibtid arjigaaga haddii aad aaminsantahay inaad shaqayn Karin ugu yaraan hal sano, markasta, gaar ahaan haddii aad ka yartahay 50 jir, arjigaaga koowaad la diidayaa. Diidmadaas waxaa raaca, dhowr qayb ayaa arjigaaga raacaya. Wax qabadka wuxuu noqon karaa bilo ama sanado in la dhammeystiro ka hor intaadan helin go'aan kaam dambeyn ah

ARJIGA SOCOTKA HOWSHA

1. **Arjiga**: Wac si aad u codsato arji, **1800-772-1213**.^{*} Social Security way kula xiriiri doonaan maalinta wareysiga. Waxay qaadanaysaa ugu yaraan **4 bilood** si aad u hesho go'aan. Ku dhowaad saddex-meelood laba mee waa loo diidaa marka horel. Haddii lagu diido, waa inaad codsataa **60 maalmood gudahood waqtiga lagu diidday**.

2. **AHAMİYAD-SIIN MAR KALE**: Marxaladdan, Social Security wuxuu kuu diri doonaa qiimeyn doktor. Runn ahantii wuxuu qaadan doonaa 4 bilood si aad u heshid go'aan codsi ah ahamiyad-siin mar kale . In ka badan saddex-meelood laba meel arjigooda waa la diidaa. **Waa inaad codsataa DHegeysi oo qoraal ah 60 maalomood waqtiga lagu diidey ee marxaladda ahamiyad-siinta mar kale**, si aad u tagto amrxaladda kale.**

Markan waxaad u baahantahay looyar ama qareen.

^{*}Or, apply online at <http://www.ssa.gov>.

^{**}Or, appeal online at <http://www.ssa.gov>.

3. **DHegeysiga**: Waxey qaadanaysaa **9 months ama in ka badan si aad u hesho maalin dhegeysi** mar haddii aad codsato. Dhegeysigaaga, waxaad dhiibeysaa marqaati qaaliga hortiisa looyarkaaga wuyxuu heli doonaa caddeyn dheeraad ah si uu kugu caawino kiiskaaga. **Ugu yaraan saddex meelodd laba meel oo codsadey dhegeysiga wey ku guuleysanayaan.. haddii lagu diido, waxaad leedahay 60 maalmood oo rafcaan ah ee Guddiga rafcaanka.**

4. **Rafcaan**. Waxaa jira hal qayb oo ah socotka howsha xafiisyada iyo laba maxkamadda federaaliga ee rafcaanka. Looyar ama qareen waa ku caawini karaa marxaladdan ee socotka howsha..

SWANSON, THOMAS & COON waxay la hadlayaan qof kasta marxalad kasta ee howsha social security. Waxaan ka jawaabeynaa ee la xiriira howsha socotka... haddii aan adiga ku matileyno iyo in kale na soo wac **503 228-5222**. Ama, arag web page war dheeraad ah: www.stc-law.com

SIDEE LOO QIIMEEYAA DACWADAADA

Xafiiska Social Security (SSA) waxay qiimeyneysaa dacwadaada tallaabo kasta howsha socotka, iyadoo isticmaaleysa waxyaalaha soo socda.

Tallaabada 1: Ma shaqaysaa? Haddii aad heleyso in ka badan \$1000/bishiiba. SSA waxey u qaadaneysaa inaad ahayn naafo, hadduu ku soo gelayo intaas ka yar, waxaa lag yaabaa in aad hesho. Waxaa kaloo laga yaabaa haddii aad jarribtey in aad shaqeyso muddo gaaban lagana yaabo inaad awoodin inaad sii wado – xattaa haddii aad heleyso \$1000/bishiiba or ka badan inta aad shaqeysey.

Tallaabada 2: Ma qabtaa daciifnimo aad u daran? Awood la'aanta aadan shaqayn Karin waxaa laga yaabaa inuu keenay inaad daciif ka tahay xagga jirka ama maskaxda ama labadaba. SSA waxey fiirineysaa caafimaadka ee xagga takhtarkaaga markii ay qiimeeyaan xaaladdaada. Xaalado kala geddisan inaad qabtid ayaa laga yaabaa oo isku beddeli karta naafo.

Tallaabada 3: “Liiska.” Xaalado dhowr ah ayaa jira in SSAay mar hore

ogolaatey naafaonimo. Haddii aad qabtid mid ka mid xaaladahan, SSA waxey heleysaa inaad naafo aad tahay. Hase ahaatee, dad yar waxey ku dhammeynayaan howsha halkan.. Dadaka u badan waxay fiirnayaan tallaabooyinka 4 iyo 5.

Tallaabada 4: Ma sameyn kartaa shaqadaada hore? Waxey fiirineysaa shaqoyoinka aad qabatey 15 sano ee na soo dhaafey si ay go'aan uga gaarto haddii aad qaban kartid shaqadaas oo kale hadda. Dhib ma laha in shaqadaas hadda aan jirin. SSA waxey fiirineysaaawoodda aad ku qaban kartid shaqadaas. Haddii aad sameyn kartid shaqadaada hore, ma tihid naafo. Haddii aadan sameyn Karin shaqadaada hore,ka dib SSA waxey qaadeysaa tallabada 5.

Tallaabada 5: Ma jiraa shaqo kale aad qaban kartid? ,_Haddii aadan awoodin in aad qaban kartid shaqadaada hore, SSA waa iney caddeys iney jiraan shaqooyin **saacado buuxda** aad shaqeyn kartid daciifnimadaada. Haddii uusan jirin marka naafo ayaad tahay. Waxaan aaminsannahay iney dadka muhyim ay u tahay in loo sheego xagga sharciga Websatkeena waxaa ku jira macluumaad waxtar leh ee xagga social security, Xaq-siinta shaqaalaha iyo dhaawacyada gaarka ah.

This brochure was prepared by Cheryl Coon
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Naafo Miyaad Tahay?



**WAX KASTA AAD RABTID
MARKASTA
INAAD KA OGAATO
NAAFADA SOCIAL SECURITY
LAAKIIN QOFKA LA
WEYDIINAAYO AADAN OGEYN!**

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